



Learn to Swim


Summer 2026

Terrell Parks & Recreation Department

*Build confidence, water safety, and strong swimming skills
in a fun, supportive environment for all ages!*

PROGRAM DETAILS

\$ Cost: \$55 per student / per session

 Format: 8 lessons per session
(Tuesday–Friday)

Session Dates:

- Session 1: June 2 – June 12
- Session 2: June 16 – June 26
- Session 3: July 7 – July 17
- Session 4: July 21 – July 31

CLASS TIMES

AM Classes

- 9:00–9:30 – Pre-K, Levels 1–5
- 9:45–10:15 – Pre-K, Pre-K Advanced, Levels 1–3
- 10:30–11:00 – Parent Tot/Child, Pre-K, Levels 1–3, Adult Swim
- 10:15–11:00 – Junior Lifeguard

New Hours:

PM Classes

- 7:00–7:30 – Parent Tot/Child, Pre-K, Levels 1–3
- 7:45–8:15 – Pre-K, Pre-K Advanced, Levels 1–3
- 8:30–9:00 – Levels 1–5, Adult Swim

SWIMMING LEVELS

Parent Tot (6 months–3 years) – Adult in water with child

Pre-K (Ages 3–4) – Intro to water and safety skills

Pre-K Advanced (Ages 4–5) – Builds skills toward independence


Levels 1–5 (Ages 5–7+) – From water comfort to stroke improvement


Adult Swim & Junior Lifeguard – Skill development for teens & adults

IMPORTANT INFO

- ✓ Students are placed once payment is received
- ✓ Classes fill quickly – enroll early!

REGISTER TODAY

 www.terrellparksandrec.com

 Scan the QR code to sign up

Questions? Contact Terrell Parks & Recreation





Parent & Child Aquatics
Ages: 6 months – 3 years



Pre-K & Advanced Pre-K
Ages: 3 - 5 years old

Activities focus on:

- Water adjustment and comfort
- Basic safety skills
- Gentle introduction to floating and kicking
- Songs and games to make learning enjoyable.

Key Skills:

- How to enter and exit the water safely
- Learning to move across the water on the front and back
- Introduction to floating
- Fun activities to encourage comfort and enjoyment in the water



Level 1: Basic Beginner
Ages: 5 and up

Gaining confidence in water

Key Skills:

- Entering and exiting the water safely
- Basic breath control and submersion
- Floating with support
- Introduction to arm and leg movements
- Building confidence in shallow water



Level 2: Intermediate
Ages: 6 and up

Students will learn basic swim skills and strokes

Key Skills:

- Improving breath control and submersion
- Floating without support
- Basic arm and leg movements
- front crawl and backstroke fundamentals
- Building confidence in deeper water

Deep Water over 9 feet



Level 3: Advanced
Ages: 7 & up

Key Skills:

- Refining front crawl and backstroke techniques
- Introduction to breaststroke and elementary backstroke
- Building endurance and confidence in deep water
- Introduce diving in 9ft of water



Level 4 & 5: Stroke Improvement

Must be able to swim in the deep end of the pool.

Ages: 7 & UP

Key Skills:

- Refining front crawl, backstroke, and breaststroke
- Introduction to butterfly basics
- Building endurance and efficiency in strokes
- Treading water and safety skills in deep water
- Introducing open & flip turns
- Diving techniques and underwater swimming